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# Iwown Smart Wrist Band Manual

Model: X5

Thank you for choose Iwown Smart Wrist Band, Our band will provide better help and enjoy for your health and sports.

## 【Please read this manual】

- Please read this manual before you use, for fear that unnecessary issue.
- This instruction based on wrist default setting.
- Please take care of this manual in case of maintain.

## 【Copyright】

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## 【Packaging】

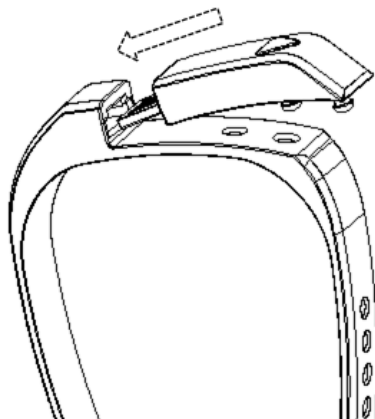
Host、Wrist strap、clasp、Manual

## 【Use Instruction】

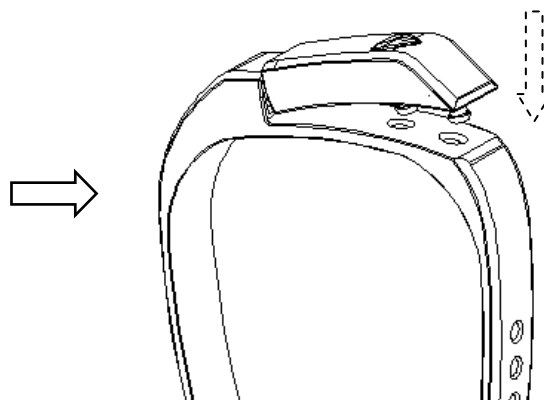
Insert the USB stick of the host into wrist strap, then lock the clasp(as shown in the figure);all Wrist strap are free size, you can adjust the button upon the size of wrist;

1.Procedure of assemble the host

Insert the host along the arrows



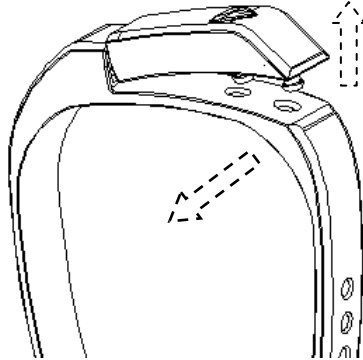
Press button to lock with the wrist strap



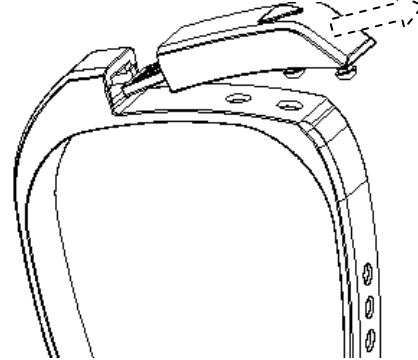
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## 2. Procedure of disassemble the host

Bend wrist band along arrows



take out host along arrows



## Setting up Iwown Wristband on a computer

### Mac & PC Requirements



Software  
Mac OS 6.0 or later  
Hardware  
USB port



Software  
Windows XP, Vista, 7,  
Hardware  
USB port

### 【Pairing and Sync Data】

#### 1、Wireless Pairing and Sync with apple and android device

The Iwown Smart Wristband is capable of setting up and syncing with select mobile devices that support Bluetooth 4.0 technology, such as:

iPhone 4S, 5, iPod touch5, etc. (OS must be iOS 6.0 or later);

Samsung S4, Note3, etc. (OS must be Android 4.2 or later).

- Go to App store or play store, download this APK: "vidonn", and install it. Open APK vidonn, make sure your mobile device connects with internet via wifi or 3G.
- Account set up: Open the Fitbit App. Login if you have an account, or register a new account (As picture 1).
- Binding: After login, the system shows "search wristband" or "I don't have wristband". Please press key on host to activate the wristband, make sure the display works, then click "search wristband". After 30 sec, smart wristband will show a pairing code (4 figures), after several sec, your mobile device will show a dialog box, input the pairing code (4 figures) and click "finish". (As picture 2). If you didn't find pairing code, repeat this step.

- Input personal information: Gender、Weight、Age、Height,click “finish”,then the system will analyze your data based on these information.
- The system will goto “personal”,please press key on the host again till the step data in the APK is same as step data in the wristband display.Finished binding.If you want to binding with other wristband,click “setting”--“My wristband”--“Cancel banding”.(As picture 3)



picture 1



picture 2



picture 3

## 2、 Pairing and Sync with PC via USB port

Go to [www.iwown.com/en](http://www.iwown.com/en) download the sync software,apply to these

OS: Windows XP, Vista,7+

- Choose and install select software according to your computer model.
- Insert wristband X5 host into PC USB port.
- Account set up : Open the wristband X5 APK.Login if you have an account,or register a new account(As picture 4).
- If X5 connect with PC successfully,the X5 host will vibrate,and APK windows will show "connect with PC successfully".
- Sync Data to PC,click “Sync Data”,the data will sync to sever from wristband.Users can log in their own account on website to check all their sync data.
- Input personal information: Gender、Weight、Age、Height,click “finish”,then the system will analyze your data based on these information.



picture 4



picture 5



picture 6

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## 【Instruction of wristband use】

- 1、 Long press the key for 3 sec, the wristband will pass into “sleeping” or “temporary” mode. long press the key 3 sec again to transfer back to normal mode.

Normal mode Icon: 🏃 Step number; 🕒 Time; 🔥 Calory; ⌚ Alarm clock.

Temporary mode Icon: 🏃 Step number; 📏 Distance; 🕒 Time; 🔥 Calory.

- 2、 Charge: Insert the wristband host into PC or power bank USB port directly, charge time

around 15 minutes; if you want to use charger, must be standard good quality charge at this spec : 5V --300mA.

LED light is keep turn on 24 hours as default, double click the key to turn on or off

Based on amount of sport, there are 3 mode on LED:

- A. Low end sport(less than 60 steps per minute ),blue LED flicker;
- B. Middle end sport(60~120 steps per minute ),green LED flicker
- C. High end sport(more than 120 steps per minute ),red LED flicker;

Standards mode: when the user reached 10000 steps,wristband will vibrate 3times and red LED flicker.

Clock mode: all kind of clock will remind by vibration, continue 6 times,can be cancel by press the key.

Remark: if the APP hang,that's because the internet is not so good, please exit APP, connect phone with internet, then press key to open the wristband host, and open APP, the wristband will connect and pair with device automatically .

The wristband is waterproof,so you can wear it when you wash hand or something,but don't wear it when you are showering or swimming.

## 【Important Safety Instructions】

Read and keep these instructions.

Heed all warnings

Follow all instructions:

1. Do not attempt to open the tracker. Substances contained in this product and/or its battery may damage the environment and/or human health if handled and disposed of improperly.
2. Do not tamper with your X5.
3. Do not use abrasive cleaners to clean your X5.
4. Do not place your X5 in a Dishwasher, Washing Machine or Dryer.
5. Do not expose your X5 to extremely high or low temperatures.
6. Do not use your X5 in a sauna or steam room.
7. Do not leave your X5 in direct sunlight for an extended period of time.